



GR i CARDIAC NET

International  
Cardiomyopathy  
Network | ICON



**ICON** in collaboration with the **Greek National Network of Precision Medicine in Cardiology** organizes the first online summit in cardiomyopathy.

---

# Cardiomyopathy 2021

*The Cardiomyopathy Mind Set*

---

## 1-3 October 2021

---

**Scientific  
Programme**

## Congress Message

---

Dear Colleagues,

Welcome to the first online international summit **Cardiomyopathy 2021 – The Cardiomyopathy Mind Set**.

**The international conference Cardiomyopathy 2021 – The Cardiomyopathy Mind Set** is organized by **the Greek National Network of Precision Medicine in Cardiology (GR iCardiacnet)** in close collaboration with the **International Cardiomyopathy Network (ICON)**.

Given the unprecedented conditions imposed by the ongoing pandemic, the conference will take place **online on 1-3 October 2021**.

**Cardiomyopathy 2021 – The Cardiomyopathy Mind Set** will explore contemporary views of diagnostic techniques, risk stratification and management strategies in patients with inherited and acquired heart muscle conditions from a renowned international faculty.

During these 3 days, we will have the opportunity to attend sessions on topics that cover daily differential and therapeutic dilemmas faced by cardiologists working in the field of cardiomyopathy. Among others, we will discuss how molecular tools can change clinical practice and the latest developments in drug therapy for hypertrophic cardiomyopathy and TTR amyloidosis.

Through lectures, interviews, abstract and case presentations the scientific program of the conference aspires to describe the future medical practice in the field of inherited and rare cardiovascular diseases as indicated by current developments.

The **Greek National Network of Precision Medicine in Cardiology and the Prevention of Sudden Death in the Young (GR iCardiacnet)** was established in July 2019 as a partnership of Greek public and University hospitals and major research institutions. Its aim is to provide clinical and genetic evaluation of patients with inherited and rare cardiac disease, engage in research and educational activities, and create national registries of sudden death in the young and of inherited cardiac disease.

The **International Cardiomyopathy Network (ICoN)** is a newly established association of medical, scientific, and lay stakeholders with the mission of improving the health of people affected by cardiomyopathy and related diseases. **ICoN** plans to undertake a rolling programme to transform the cardiomyopathy landscape in Europe through clinical education and patient engagement so that more people with cardiomyopathy can access the treatment and support that they need, when they need it.

We look forward to your attendance at this important scientific event.

## Committees

---

### CONGRESS PRESIDENTS

**Panos Vardas** / Greece

**Perry Elliott** / UK

**Aris Anastasakis** / Greece

### ORGANIZING COMMITTEE

**Chairman: Aris Anastasakis** / Greece

**Secretary General: E. Psarouli, X. Kotsaka** / Greece

**Members:**

**Perry Elliott** / UK

**Efstathios Papatheodorou** / Greece

**Irini Fundulaki** / Greece

**Vasilis Vasilikos** / Greece

**Charalambos Vlachopoulos** / Greece

**Georgios Efthymiadis** / Greece

**Dimitrios Degiannis** / Greece

**Efstathia Prappa** / Greece

**Aleksandros Patrianakos** / Greece

### SCIENTIFIC COMMITTEE

**Local Faculty**

**Aris Anastasakis**

**Vasilis Vasilikos**

**Charalambos Vlachopoulos**

**Georgios Efthymiadis**

**Frangiskos Parthenakis**

**Hara Spiliopoulou**

**Periklis Makrithanasis**

**Dimitrios Degiannis**

**Efstathia Prappa**

**Irini Fundulaki**

**Anastasia Hatzidimitriou**

**Alexandros Patrianakos**

**Periklis Ntavlouros**

**Aikaterini Naka**

**Theofilos Kolettis**

**Philippos Triposkiadis**

**Dimitrios Tziakas**

**Gerasimos Fillipatos**

**Adalena Tsatsopoulou**

**Stamatis Adamopoulos**

**Ioannis Papagiannis**

**Malena Pantou**

**Polyxeni Gourzi**

**Emmanouela Linardaki**

**Efstathios Papatheodorou**

**Kostas Ritsatos**

**Ioannis Liatakis**

**Alexis Antonopoulos**

**Ioannis Anastasiou**

**Despina Parcharidou**

**Efstathios Pagourelis**

**Vasiliki Vlagouli**

**Stavros Georgopoulos**

**Eddie Karvouni**

**Thomas Gosios**

**Dimitris Ntelios**



## Committees

---

### INTERNATIONAL FACULTY

- Perry Elliott** / London, UK
- Claudio Rapezzi** / Ferrara, Italy
- Juan Jimeno Blanes** / Murcia, Spain
- Ales Linhart** / Prague, Czech Republic
- Iacopo Olivetto** / Florence Italy
- Charlene Day** / Penn University, USA
- Eloisa Arbustini** / Pavia, Italy
- Jolanda Van Der Velden** / Amsterdam, Netherlands
- Lucie Carrier** / Hamburg, Germany
- Pablo Garcia-Pavia** / Madrid, Spain
- Yigal M. Pinto** / Amsterdam, Netherlands
- Juan Pablo Kaski** / London, UK
- Joel Rose** / Chorleywood, UK
- Cristina Basso** / Padova, Italy
- Gaetano Thiene** / Padova, Italy
- Gianfranco Sinagra** / Trieste, Italy
- Peter van Tintelen** / Utrecht, Netherlands
- Costas O'Mahony** / London, UK
- Konstantinos Savvatis** / London, UK
- Alex Shipolini** / London, UK
- Giuseppe Limongelli** / Naples, Italy
- Luis Lopes** / London, UK

## Programme Day One: 1/10/2021

Chairs: **P. Vardas, P. Elliott, A. Anastasakis**

17.00 - 17.30

**Opening Address**  
**A. Kyriazis, J. Kanakakis, J. Boletis**

17.30 - 17.45

Live Precision Medicine: The future is now.  
**P. Vardas** / Greece

17.45 - 18.15

**Introduction to the Greek Network of Precision Medicine in Cardiology**  
Chair: **H. Spiliopoulou**

The concept  
**A. Anastasakis** / Greece

The infrastructure  
**I. Fundulaki** / Greece

18.15 - 18.40

**The International Cardiomyopathy Network**  
Chair: **P. Vardas**

18.15 - 18.30

ICoN: A manifesto for change  
**P. Elliott** / London, UK

18.30 - 18.40

Patients and families as active partners (UK)  
**J. Rose** / Chorleywood, UK

18.40 - 19.00

**Opening Lectures**  
Chair: **P. Vardas, P. Elliott**

18.40 - 19:00

Cardiomyopathy: A life-long disease  
**Juan Pablo Kaski** / London, UK

19.00 - 19.15

Commentary  
**P. Vardas, P. Elliott**

19.15 - 19.45

**Standing on the Shoulders of Giants**  
Chairs: **A. Tsatsopoulou, C. Basso**  
(from the anatomical theatre in Padua)



## Programme Day One: 1/10/2021

Introduction

**C. Basso** / Padova, Italy

The pathologist's tale:

**G. Thiene** / Padova, Italy

**19.45 - 20.15**

### **CASES**

Chairs: **S. Adamopoulos, P. Makrithanasis, A. Patrianakos**

#### **Case A**

Presenter: **I. Anastasiou**

Comments: **I. Liatakis**

#### **Case B**

Presenter: **E. Karvouni**

Comments: **D. Ntelios**

## Programme Day Two: 2/10/2021

- 09.00 - 10.00** **SESSION ONE: Introduction to the “cardiomyopathy mind-set”**  
Chairs: **P. Elliott, K. Naka, P. Ntavlouros**
- 09.00 - 09.15 How does the clinical history help me to make the diagnosis of a cardiomyopathy?  
**Juan Gimeno Blanes**, Murcia, Spain
- 09.15 - 09.30 Does the ECG have diagnostic value in 2021?  
**Claudio Rapezzi**, Ferrara, Italy
- 09.30 - 09.45 Does cardiac imaging tell me the cause of a cardiomyopathy?  
**Ales Linhart**, Prague, Czech Republic
- 09.45 - 10.00 Discussion
- 10.00 - 10.15 Break
- 10.15 - 10.45** **SESSION TWO: How do I manage a case of Dilated Cardiomyopathy?**  
Chairs: **C. Vlahopoulos, F. Parthenakis**
- Dilated Cardiomyopathy  
Presenters: **Marco Merlo / TBA**
- 10.45 - 12.00** **SESSION THREE: How molecular tools can change clinical practice**  
Chair: **L. Lopes, D. Degiannis, A. Xatzidimitriou**
- 10.45 - 11.00 What is the contribution of cardiologists and scientists to the interpretation of VUS?  
**Peter Van Tintelen** / Utrecht, Netherlands
- 11.00 - 11.15 Skipping, silencing and other approaches to gene therapy in cardiomyopathy?  
**Yigal Pinto** / Amsterdam, Netherlands



## Programme Day Two: 2/10/2021

11.15 - 11.30 What is CRISPR Cas and how can it transform understanding in cardiomyopathies?

**Lucie Carrier** / Hamburg, Germany

11.30 - 12.00 Live Discussion

Discussants: **M. Pantou, X. Gourzi**

**12.00 - 12.15 HOT TOPIC Interview 1**

Introduction

**A. Linhart** / Prague, Czech Republic

TTR Amyloidosis

Interviewer: **P. Garcia**

Interviewee: **C. Rapezzi**

**12.15 - 13.00 CASE STUDIES**

Chairs: **D. Tziakas, T. Kolletis, TBA**

**Case presentations and discussion**

**Case A**

Presenter: **E. Papatheodorou**

Comments: **E. Pagourelis**

**Case B:**

Presenter: **A. Antonopoulos**

Comments: **K. Ritsatos**

**Case C**

Presenter: **T. Gkosios**

Comments: **E. Linardaki**

## Programme Day Three: 3/10/2021

- 09.00 - 10.15** **SESSION FOUR: Cardiomyopathy Mind-Set in Risk Stratification**  
Chair: **C. O' Mahony, I. Papagiannis**
- 09.00 - 09.15 What are the frontiers of prognostic research in hypertrophic cardiomyopathy?  
**P. Elliott**, London, UK
- 09.15 - 09.30 Should decisions on ICD implantation in patients with dilated cardiomyopathy be managed according to consensus guidelines for chronic heart failure?  
**A. Anastasakis**, Athens, Greece
- 09.30 - 09.45 Exercise: Good or bad in patients with cardiomyopathy?  
**S. Day**, Penn University, USA
- 09.45 - 10.00 Should we treat men and women the same?  
**Jolanda van der Velden**, AMC, Amsterdam
- 10.00 - 10.15 Discussion
- 10:20 - 10:50** **SESSION FIVE: How do I manage a case of...?**  
Chair / Discussants: **G. Efthimiadis, F. Triposkiadis**
- Obstructive Hypertrophic Cardiomyopathy:  
Presenters: **K. Savvatis, A. Shipolini** - Barts Heart Centre, London, UK
- 10:50 - 11:05** **HOT TOPIC Interview 2**
- Introduction  
**K. Tsioufis** / Greece
- Frontiers in drug therapy for HCM  
Interviewer: **G. Limongelli**  
Interviewee: **I. Olivotto**



## Programme Day Three: 3/10/2021

### 11:05 - 11:35 **SESSION SIX: The ICoN Lecture**

Chair: **P. Elliott, P. Vardas**

Is it time for a reclassification of cardiomyopathies?

**E. Arbustini** / Pavia, Italy

11:35 - 11:45 Break

### 11:45 - 12:30 **Young Investigators Session**

Chair: **P. Elliott, V. Vassilikos**

Abstract presentations and discussion

Abstract 1: Natural history of DCM caused by mutations in RBM20

**Douglas Cannie**, UCL London, UK

Abstract 2: Heart failure in Melas tRNA<sup>Leu</sup> (UUR) (m.3243A>G) patients: non-cardiac manifestations prevent heart transplantation.

**Alessandro Di Toro**, Pavia, Italy

Abstract 3: Tubulin as treatment target in HCM.

**Diederik Kuster AMC**, Amsterdam, Netherlands

### 12:30 **CLOSING REMARKS**

**P. Vardas, P. Elliott, A. Anastasakis**



GR i CARDIAC NET

International  
Cardiomyopathy  
Network | ICON

